

Meet Policies

DIVE MEETS AND COMPETITION

Meets are held year-round. The coaching staff will determine the team's competitive schedule, with approval of the Dive Committee. Meet information is distributed via email, by the Dive Office Staff, well in advance of the deadline date. The coaching staff will determine which meets are appropriate for Atlantic Diving Team divers to attend, as well as the criteria for participation. Divers must meet established criteria for each competition and must have the coaches' permission in order to participate.

Divers must wear Atlantic Diving Team apparel to both home and away dive meets, and all team members are required to purchase a team suit. An Official Equipment Sponsor supplies the Atlantic Diving Team National Team with team suits, warm-ups, shorts, shirts and other equipment. All scheduled competitions must be attended unless arrangements are made in advance with the Director/Head Coach. It is the responsibility of each diver to submit his or her dive sheet(s) and entry fee on <u>divemeets.com</u> before the entry deadline; late fees can be quite costly.

HOME MEETS

Generally, Atlantic Diving Team will host at least three invitational diving meets per year. The Mr. A Diving Invitational, Nexgen Diving Invitational, and RIP10 Invitational.

Home meets require the participation of every Atlantic Diving Team family. Advance preparations include sending out information, publicizing the event, obtaining food for coaches' hospitality, and scheduling meet scorekeepers, registrars, and computer operators. During home meets, some jobs may include selling merchandise, Foundation activities/support, announcing, manually keeping score, using the computer scoring system, attending to the hospitality area, and working at the registration & awards table. Volunteer hours from each family are required for these home meets. Please see the Team Service Hours Agreement for each family's requirements.

AWAY MEETS

Traveling to meets in other cities is an excellent way to test a diver's developing skills while enjoying the benefits of visiting new places and making new friends. Parents or designated guardians of divers who are 13 years or younger are required to travel and board with their diver.

The parent or guardian must arrange for a chaperone if unable to travel to the meet with the diver. Both parents and diver must sign the Team Travel Code of Conduct each year. Although the club may recommend hotels for everyone to stay in, parents are ultimately responsible for housing, transporting, and monitoring their children during diving competitions. If a parent cannot attend, HE or SHE (not the coach) will be responsible for making arrangements for his or her child to stay with another family.



The Director/Head Coach may designate and enforce a curfew. Whether at home or away meets, all team meetings and workouts are required. The Coaching Staff strongly recommends staying at the designated meet hotel, if at all possible, to facilitate team communication, bonding, transportation, getting to breakfast, workout, and team meetings on time. Staying in the same hotel is especially beneficial to newer or more inexperienced families who are traveling.

The newer families can visit with the more experienced families and "learn the ropes"; getting up together for breakfast with the coaches and teammates, leaving the hotel together, arriving to the pool on time (without getting lost)...all relieves the nervousness of parents and divers, and offers a support group on and off the pool deck – crucial for a successful and enjoyable event/trip.